



FIT TOWNS
POBAIL ACLAI

Fit Town 2017 (13th Feb – 27th March)- 'Sign Up' Form

1. **Name of Lead Club/Organisation:** _____

2. **Project Lead (s):** Name(s): _____

Phone(s): _____

eMail: _____

3. **Are you collaborating with any other Clubs/Organisations/Groups?** Yes / No

Name of Club/Organisation/Groups you are collaborating with?

4. **Target Group (Please tick as appropriate)**

Women & Girls

People with Disabilities

Older Adults (over 55yrs)

Unemployed

Disadvantaged Groups

Travellers

Other Relevant Groups

Older Men

Children

Families

Other _____

5. Programme Details

Programme Goal (e.g. run 5k, dance 10 steps, swim a width... etc)

Outline below a **short description** of what your programme is about and how it will benefit the target group/wider community;

PROPOSED SCHEDULE please provide **SPECIFIC DATES, DAYS and TIMES** e.g. **each Tuesday and Thursday evenings @ 7pm. All events must be scheduled between 13th February and 27th March 2017.** The format you decide will depend on the goal you set - you may require weekly classes, biweekly, one off workshop or other:

VENUE/LOCATION OF EVENT:

Signed: _____

Date: _____

Completed forms to be returned by close of business Monday 19th December.

For further information email fitballinasloe@gmail.com  087-6261709
Fit Town Team: Marion Ruane, Noel Mannion, Lyn Donnelly, Student Reps.

