



Comhairle Chontae na Gaillimhe  
Galway County Council

# Galway County Social Inclusion Week 2016



Aonad um  
Chuimsiú Sóisialta

## Monday 17th October

### Communication Awareness Training for Food Businesses

10:00am | Ballinasloe Library  
Training for food businesses in the Ballinasloe area to ensure a positive experience for all customers, regardless of age or disability. Free to all businesses. To book a place email [accessibilitybsloe@gmail.com](mailto:accessibilitybsloe@gmail.com)

### Immigration from an Irish Prospective

11:00am | Solas Family Resource Centre, Headford  
Workshop facilitated by Margaret Sheehan looking at immigration and the way we classify people from other countries and seek to challenge stereotypical beliefs. Contact: John Middleton on 093 36446

### Visit to Connemara Equestrian Escapes (Stables)

11:00am | Curra, Moycullen  
Learn how to connect with horses which offers a range of unique equine therapy services. Contact: Walter McDonagh on 087 2573329

### Women's Drop-in Coffee Morning with Laughter Yoga

11:00am | Loughrea Family & Community Resource Centre, Bride St., Loughrea.  
Contact: Family Resource Centre 091 871149

### Drop in and Draw

11:00am - 12:30pm  
The Courthouse, Main St., Oughterard  
Everyone can draw! Why not try out your drawing skills at this workshop with Kathleen Furey. Materials provided. Contact: Kathleen Furey [uachtararts@gmail.com](mailto:uachtararts@gmail.com) 087 2446542

### Church Gallery Concert, Launch of Social Inclusion Week & Begin, Become, Belong Exhibition

6:30pm - 8:30pm  
The Gallery, Ballinasloe Library  
Join us for a magical evening of music and dancing from local performers. Accessibility Ballinasloe is unveiling its photo exhibition "Begin, Become, Belong" which captures the work of social inclusion within the area through the lens of local photographer, Evelyn Donnellan. Contact: [inclusion@galwaycoco.ie](mailto:inclusion@galwaycoco.ie)

### Singing Workshop with Sonke Choir

6:30pm  
Little Flower Nursing Home, Labane  
Contact: Liz Connolly on 085 7717670

### Introduction to Radio

7:00pm - 9:00pm | Connemara Community Radio, Letterfrack  
'Introduction to Radio' - a practical course for new Volunteers. Contact: Colleen Curran on 095 41616 or [colleen@connemarafm.com](mailto:colleen@connemarafm.com)

## Tuesday 18th October

### CV & Interview Skills Workshop

10:00am - 1:00pm  
Mellows Campus, Athenry  
Workshop for people currently more than one year unemployed who want advice and techniques on creating an impressive CV and the skills needed to present well at interviews. Booking essential - Donna Gleeson Ryan 091 844335 [dgleeson@grd.ie](mailto:dgleeson@grd.ie)

### Woodland Sensory Exploration Morning

10:30am - 12:00pm  
Brigit's Garden, Pollagh, Moycullen  
Down to Earth Forest School invites children and adults with special needs, learning or mobility difficulties to our woodlands in Brigit's garden for a morning of sensory exploration, sitting around a fire. Contact: Kerry walker and Carol Barrett on 0877042098 or 0872126179 or [downtoearthgalway@gmail.com](mailto:downtoearthgalway@gmail.com)

### Sensory Gardening

11:00am  
Centra, An Fuarán, Moycullen  
Sensory garden preparations with Ability West members. Contact: Seamus Lydon on 087 7741652

### Social Inclusion for All

12:00pm - 2:00pm  
Headford GAA Clubhouse  
Coffee, tea & chat! Contact: Mary K Gavin on 087 6471762

### CARA Disability Inclusion Awareness Training

7:00pm  
Ballinasloe Library  
Together with Galway Sports Partnership this free training is for members of sports groups (officers, coaches, parents). Funded by Ballinasloe Enterprise Centre. To book a place email [accessibilitybsloe@gmail.com](mailto:accessibilitybsloe@gmail.com)

### Seniors Card Game

8:30pm - 10:30pm  
Cloughanover Community Centre, Headford  
Contact: Mattie Scales 087 6371941

## Wednesday 19th October

### Cherishing all the Children of the Nation

10:00am - 12:30pm | Gort Public Library, Queen St., Gort  
A social studies workshop, reflecting on 100 years of Irish society facilitated by social entrepreneur Mary Kealy. Contact: Eileen O'Connor on 091 631224

### Open House

2:00pm - 3:30pm | Social Services Centre, Brackernagh, Ballinasloe  
Ballinasloe Social Services' Day Centre is hosting an "Open House" afternoon, inviting everyone to drop into the day centre for a chat, a cuppa and some in-house entertainment. Contact: Teresa Coughlan on 090 9643217

## Wednesday Continued

### Felting Workshop

7:00pm  
The Community Centre, Inishbofin  
A workshop to introduce all age groups to the art of using wool in wet felting and needle felting. Contact: Margaret Schofield O'Halloran on 095 45861

### Talk on the Socio-Economic Aspects of Poverty in Ireland over the last 20 Years

8:00pm  
The Family Centre, St. VdP House, Dublin Rd., Tuam  
Contact: Denis O'Brien [denismobrien@eircom.net](mailto:denismobrien@eircom.net)

## Thursday 20th October

### Senior Citizens Coffee Morning

9:30am  
Ballinderreen Community Centre  
Senior members of the community are invited to join us for tea, coffee and a morning of chat in an informal atmosphere. Contact: Breandán Ó Loinsigh on 085 1743916

### ICA Open Day

10.30am - 1:00pm & 2.30pm - 6:00pm  
Clifden Library  
Display of ICA Arts and Crafts  
Contact: Mary Gavin on 086 8099565

### Techno-Together

10:45am - 1:15pm | Tearmann Mhuire (beside the Church), Oranmore  
This one-to-one intergenerational event will involve transition year students passing on their technology skills to older members of the community to help them use their smart phones and tablets. Contact: Lily Considine 087 6184022

### Micro Indoor Olympics

11:00am - 1:00pm  
St Joseph's Court, Clifden  
Multi indoor sports and games event for adults from across the spectrum of learning abilities. Contact: Maureen Batley on 095 30951 or [mbatley@cluid.ie](mailto:mbatley@cluid.ie)

### Art Exhibition & Coffee Morning

11:00am - 2:00pm | The Harvest Studios, Bolands Lane, Gort  
Coffee Morning and Art exhibition to welcome the Day Programme into their new premises in Bolands Lane. Contact: Helen Griffin on 087 2812740

### Music for All

6:00pm - 8:00pm | Tuam's Youth Café, The Family Centre, Dublin Rd, Tuam  
Informal music session for all ages. Contact: Bernie Conlon on 083 3112173

## Thursday Continued

### Knitting & Crochet Classes

8:30pm  
Killannin Community Centre  
Transition year students learn knitting and crochet skills from older members of community. Contact: Gráinne Seoighe 087 2047329

## Friday 21st October

### Pop up Shop & Coffee Morning

10:00am - 1:00pm  
Arus Uileann, Moycullen  
Contact: Mary on 087 6824859

### Coffee Morning

10:00am  
Town Hall, Portumna  
St. Dymphna's Day Centre along with Portumna Country market coffee morning. Contact: Paula or Gerry on 09097 41377

### Togetherness

10:00am - 12:00pm  
Tuam Mental Health Assoc., Old Community centre, Bishop St., Tuam  
A celebration of traditional Irish music and song. Contact: Lorraine Newell Kim on 093 24371

### GCDC Community Coffee Morning & Open Day

10:30am - 12:30pm  
Glenamaddy Community Development Company, Ballyhard, Glenamaddy  
Come for a chat, a cuppa and a look around to see services and events available locally. Contact: Helen Dunne on 094 965 9570

### St Brendan's Intergenerational Art Workshop

11:00am - 12:30pm  
Seven Springs Day Centre, Loughrea  
Autumn Art Workshop with St Brendans Community Nursing Unit Service Users and Local National School Students run by Activity Artist Lidia De Lange. Contact: Callum McGougan on 091 871268

### Workshop: Services of Monivea Community Alert Active Age

11:00am - 1:00pm  
Fr. Sammon Community Centre, Monivea  
Contact: Gerard Costello on 087 2857741

### FRC Western Region LGBT Networks 10th Anniversary Event

11:00am - 3:00pm | Harbour Hotel, New Dock Road, Galway City  
The FRC Western Region LGBT Network is celebrating 10 years. The conference aims to highlight and share our work and examples of best practice to date, and to have an expert panel of speakers for a questions and answers session. Register at <https://www.eventbrite.ie/e/frc-western-region-lgbt-networks-10th-anniversary-national-event-tickets-25835864767>

6:15pm - 9:45pm | Lackagh Parish Centre  
Discussing the important role that Foroige members have in the community. Contact: Odhran O Mahony on 086 8103923

## Friday Continued

### Silent Coffee Morning

11:00am - 12:30pm  
Oops a Daisy's Café, Ballinasloe  
No talking morning to highlight communication difficulties and ways around it. Contact: Deborah on 09096 43405

### Cupán Tae le Gaelscoil Riabhach

11:30am - 12:30pm  
Gaelscoil Riabhach, Baile Locha Riach  
Learn a cúpla focal and have a cup of tea. Contact: Deirdre Nic Gabhann [ofig@gaelscoilriabhach.ie](mailto:ofig@gaelscoilriabhach.ie)

### Belonging 16 - Community Party & The Snapper

11:30am - 1:30pm  
ILAS Building, Room G006, NUIG, Newcastle Rd.  
This photography event will discuss social participation for older people and how to promote individuality and diversity. Partners are Galway County Council Centenary Programme, NUIG, Galway Age Friendly Programme & Community Foundation of Ireland. Contact: Áine Gallagher 085 1248053

### Afternoon Tea

1:00pm | The Gallery Cafe, Gort  
Afternoon Tea for service users of Brother of Charity to say thank you for all their help throughout the summer. Contact: Laura Coppinger 087 9309125

### Ceol, Craic agus Cáca Milis!

1:30pm | Inishbofin National School, Inishbofin  
Intergenerational ukulele session in the Inishbofin National School. Contact: Cathy O Halloran on 095 45880

### Loughrea Welcome Night for Filipino's

7:00pm  
The Carmelite Abbey, Loughrea  
A night of music, song and dance to welcome Filipino people to Loughrea. Contact: Michael Fahy on 086 8038042

### Irish Music Night

8:00pm - 10:00pm | Cloughanover Community Centre, Headford  
Night of Irish music, song and dance. Contact: Mattie Scales 087 6371941

### Lackagh Foroige Group Open Evening

8:15pm - 9:45pm | Lackagh Parish Centre  
Discussing the important role that Foroige members have in the community. Contact: Odhran O Mahony on 086 8103923

## Friday Continued

### A Night of Music, Song, Story Telling and Poetry

9:00pm | The Thatch, Headford  
Contact: Mike Connell, Headford Men's Shed 087 9624842

## Saturday 22nd October

### Guided Family Heritage Trail Walk

11:00am | An Fuarán, Moycullen  
Guided family walk of new Moycullen Heritage Trails. Contact: Walter McDonagh on 087 2573329

### Friends Ireland Open Day

12:00pm - 4:00pm  
Friends Ireland, High St., Tuam  
A free meet and greet day for the whole community where they can sign up to free/low cost classes and meet others in their area. Contact: Norah Ginty on 085 7553377 | 085 7043144

## Sunday 23rd October

### Harvest Coffee Morning

11:00am | Clonbur Day Centre  
A parish get together open to all nationalities and age groups. Contact: Teresa Lynch at [teresalynchclonbur@gmail.com](mailto:teresalynchclonbur@gmail.com)

### Solidarity Beyond Borders

11:00am - 1:00pm  
Kinvara Community Centre  
An evening of presentations from members of the community involved in refugee solidarity work in Lebanon, Greece, France and here in County Galway. Contact: Vicky Donnelly on 087 2645344

### PR Coffee Morning

12:00pm (after 11:00am Mass)  
Athenry Pastoral Centre  
Promotion of 'Soilse' goals and recruitment of members. Contact: Mary Quinn on 087 2496449

### Other Events

### Host of Golden Daffodils

17th - 23rd Oct 2016  
Kilbeacanty

Kilbeacanty Community Development Association with the Youth Club, St. Columba National School and Ballyturin National School will plant Daffodils around the community in memory of those who emigrated from Kilbeacanty. All welcome. Contact: Anne McCarthy Murphy on 087 2601046

Social Inclusion Week for County Galway is organised by Galway County Council. For more information go to [www.galway.ie/inclusion](http://www.galway.ie/inclusion) or email [inclusion@galwaycoco.ie](mailto:inclusion@galwaycoco.ie)

Please double check the times and details of all events with the contact given before attending.

## Be Safe, Be Seen

Pedestrians walking in the dark, on rural roads, are 13 times more likely to be killed than while walking during the day. High Visibility Vests (Sizes S/M/L/XL) & Reflective Armbands

are available, free of charge, from the Roads & Transportation Unit of Galway County Council. Phone 091 509309 or email [dcaulfd@galwaycoco.ie](mailto:dcaulfd@galwaycoco.ie) to get a get a vest.





# Contae na Gaillimhe An tSeachtain um Chuimsiú Sóisialta 2016

**Dé Luain**  
an 17ú Deireadh Fómhair

### Oiliúint san Fheasacht Cumarsáide do Ghnónna Bia

10:00am  
Leabharlann Bhéal Átha na Sluaighe Oiliúint do ghnónna bia i gceantar Bhéal Átha na Sluaighe chun dea-eispéireas a chinntiú do na custaiméirí go léir, cuma cén aois atá acu nó cén cumas atá acu sa réimse seo. Saor in aisce do gach gnó. **Chun áit a chur in áirithe, seol ríomhphost chuig [accessibilitysloe@gmail.com](mailto:accessibilitysloe@gmail.com)**

### Inimírce ó thaobh na hÉireann

11:00am | Solas, Ionad Acmhainní Teaghlaigh Áth Cinn  
Ceardlann le Margaret Sheehan ag breathnú ar an inimírce agus an chaoi a ndéanaimid daoine as tíortha eile a rangú d'fhonn féachaint le dúshlán na steiréitíopa a thabhairt. **Teagmháil: John Middleton 093 36446**

### Cuairt ar Stáblaí Chapail Chonamara Equestrian Escapes

11:00am | An Chura, Maigh Cuilinn  
Foghlaim le haghaidh caidreamh a chothú le capaill agus bain leas as réimse leathan seirbhísí teiripe i gcomhlúadar na gcapaill. **Teagmháil: Walter McDonagh 087 2573329**

### Caife beag na mBan - Ióga an Gháire

11:00am | Ionad Teaghlaigh agus Acmhainní Pobail Bhaile Locha Riach, Sráid Bhride, Baile Locha Riach  
Ionad Acmhainní Teaghlaigh 091 871149

### Buail isteach agus Tarraing

11:00am - 12:30in  
Teach na Cúirte, Príomhshráid Uachtar Ard  
Is féidir le gach duine tarraingt! Bain triail as do chuid scileanna tarraingthe sa cheardlann seo le Kathleen Furey. Cuir fear an t-ábhar ar fáil.

Teagmháil: Kathleen Furey [uachtararts@gmail.com](mailto:uachtararts@gmail.com) | 087 2446542

### Ceolchoirm i nGailearáí an tSéipéil, Seoladh na Seachtaine um Chuimsiú Sóisialta, agus Taispeántas darb ainm Begin, Become, Belong

6:30in - 8:30in | An Gailearáí, Leabharlann Bhéal na Sluaighe  
Bí linn le haghaidh tráthóna breá ceoil agus damhsa le ceoltóirí agus damhsóirí áitiúla. Tá an grúpa darb ainm Accessibility Ballinasloe ag léiriú a dtaispeántais, darb ionann "Begin, Become, Belong", a léiríonn an obair atá ar bun sa cheantar ar son an chuimsithe sóisialta, trí ghrianghraif Evelyn Donnellan. **Teagmháil: inclusion@galwaycoco.ie**

### Ceardlann Amhránaíochta le Cór Sonke

6:30in  
Teach Altranais an Little Flower, An Lábán  
Teagmháil: Liz Connolly 085 7717670

### Introduction to Radio

7:00in - 9:00in | Raidió Pobail Chonamara Community, Leitir Fraic  
'Introduction to Radio' - cúrsa praiticiúil d'Oibríthe Deonacha  
Teagmháil: Colleen Curran 095 41616 | [colleen@connemarafm.com](mailto:colleen@connemarafm.com)

**Dé Máirt**  
an 18ú Deireadh Fómhair

### Ceardlann maidir le CV agus Scileanna Agallaimh

10:00am - 1:00in  
Campas Uí Mhaoilósa, Béal Átha an Rí  
Ceardlann do dhaoine atá difhostaithe le breis agus bliain agus atá ag iarraidh comhairle agus teicnící maidir le CV a chur i dtoll a chéile a rachaidh i bhfeidhm ar fhóistoirí, agus maidir leis na scileanna a theastaíonn chun agallamh maith a dhéanamh. **Is gá áit a chur in áirithe - Donna Gleeson Ryan 091 844335 | [dgleeson@grd.ie](mailto:dgleeson@grd.ie)**

### Maidin Taiscéalaíochta Céadfaí Coillearnaí

10:30am - 12:00in  
Gairdín Bhride, Pollagh, Maigh Cuilinn  
Tugann Down to Earth Forest School cuireadh chuig coill Ghairdín Bhride do leanaí agus do dhaoine fásta a bhfuil riachtanais speisialta nó deacrachtaí foghlama nó deacrachtaí gluaiseachta acu chun blaiseadh dá bhfuil sa Ghairdín agus suí síos timpeall tinte. **Teagmháil: Kerry Walker agus Carol Barrett ar 0877042098 nó ar 0872126179 nó seol ríomhphost chuig [downtoearthgalway@gmail.com](mailto:downtoearthgalway@gmail.com)**

### Garraíodóireacht Chéadfach

11:00am  
Centra, An Fuarán, Maigh Cuilinn  
Gairdín a réiteach in éineacht le baill Éirinn an Iarthair.  
Teagmháil: Seamus Lydon 087 7741652

### Cuimsiú Sóisialta do Chách

12:00in - 2:00in  
Clubtheach CLG Áth Cinn  
Caife, tae agus comhrá!  
Teagmháil: Mary K Gavin 087 6471762

### Oiliúint i bhFeasacht an Chuimsithe Míchumais le CARA

7:00in  
Leabharlann Bhéal Átha na Sluaighe Oiliúint saor in aisce é seo atá á cur ar fáil in éineacht le Comhpháirtíocht Spóirt na Gaillimhe do bhail gártaí spóirt (oifigigh, cóitseálaíthe, tuismitheoirí). Arna mhaoiniú ag Ionad Fiontraíochta Bhéal Átha na Sluaighe. **Chun áit a chur in áirithe, seol ríomhphost chuig [accessibilitysloe@gmail.com](mailto:accessibilitysloe@gmail.com)**

### Cluiche Cáirtaí do Dhaoine Aosta

8:30in - 10:30in  
Ionad Pobail Chloch an Uabhair, Áth Cinn  
Teagmháil: Mattie Scales 087 6371941

**Dé Céadaoin**  
an 19ú Deireadh Fómhair

### Clanna Uile an Náisiúin a Chaomhnú go Cothrom

10:00am - 12:30in | Leabharlann Phoiblí an Ghoirt, Sráid na Banríona, An Gort  
Ceardlann staidéir shóisialta, áit a bpléifear sochái na hÉireann le 100 bliain in éineacht leis an bhfiontraí sóisialta Mary Kealy. **Teagmháil: Eileen O'Connor 091 631224**

### Lá Oscailte

2:00in - 3:30in | Ionad Seirbhísí Sóisialta, Brackernagh, Béal Átha na Sluaighe  
Tá "Lá Oscailte" ar siúl in Ionad Lae Seirbhísí Sóisialta Bhéal Átha na Sluaighe, agus fáilte roimh chách bualadh isteach le haghaidh comhrá, cupán tae agus roinnt siamsaíochta. **Teagmháil: Teresa Coughlan 090 9643217**

**Dé Céadaoin**  
an 19ú Deireadh Fómhair

### Ceardlann Feiltithe

7:00in  
Ionad Pobail Inis Bó Finne  
Ceardlann ar úsáid uisce agus snáthaidí san fheiltiú. Fáilte roimh chách, cuma cén aois iad.

Teagmháil: Margaret Schofield O'Halloran 095 45861

### Caint ar na Gnéithe Socheacnamaíochta den Bhochtanas in Éirinn le 20 Bliain

8:00in  
An tIonad Teaghlaigh, Teach Naomh Unseann de Pól, Bóthar Bhaile Átha Cliath, Tuaim

Teagmháil: Denis O'Brien [denismobrien@eircom.net](mailto:denismobrien@eircom.net)

**Déardaoin**  
an 20ú Deireadh Fómhair

### Maidin Caife do Dhaoine Aosta

9:30am  
Ionad Pobail Bhaile an Doirín  
Tá fáilte roimh dhaoine aosta sa cheantar braon tae nó caife a ól linn agus beagán cainte a dhéanamh linn. Ócáid neamhfhoirmeálta. **Teagmháil: Breandán Ó Loinsigh 085 1743916**

### Lá Oscailte an ICA

10.30am - 1:00in & 2.30in - 6:00in  
Leabharlann an Chlocháin  
Taispeántas Ealaíne 7 Ceardaocht leis an ICA  
Teagmháil: Mary Gavin 086 8099565

### Mionchluichí Oilimpeacha Faoi Dhíon

11:00am - 1:00in  
St Joseph's Court, An Clochán  
Imeachtaí spóirt agus cluichí do dhaoine fásta a bhfuil cumas éagsúil foghlama ag roinnt leo.  
Teagmháil: Maureen Batley 095 30951 | [mbatley@cluid.ie](mailto:mbatley@cluid.ie)

### Taispeántas Ealaíne agus Maidin Caife

11:00am - 2:00in | The Harvest Studios, Lána Boland, An Gort  
Maidin Caife agus taispeántas Ealaíne chun fáilte a chur roimh lucht an Chláir Lae isteach ina n-áitribh nua ar Lána Boland.  
Teagmháil: Helen Griffin 087 2812740

### Ceol do Chách

6:00in - 8:00in | Caife na nÓg, Tuaim, An tIonad Teaghlaigh, Bóthar Bhaile Átha Cliath, Tuaim  
Seisiún ceoil neamhfhoirmeálta do gach duine, cuma cén aois iad.  
Teagmháil: Bernie Conlon 083 3112173

### Ranganna Criotála agus Cróiseála

8:30in | Ionad Pobail Chill Ainín  
Foghlaimdeoidh daltaí idirbhliana scileanna criotála agus cróiseála ó dhaoine aosta sa phobal.  
Teagmháil: Gráinne Seoighe 087 2047329

**Dé hAoine**  
an 21ú Deireadh Fómhair

### Pop up Shop & Maidin Caife

10:00am - 1:00in  
Arus Uileann, Maigh Cuilinn

Teagmháil: Mary ar 087 6824859

### Maidin Caife

10:00am  
Halla an Bhalha, Port Omna  
Ionad Lae Naomh Dymgne agus maidin caife mar chuid de mhargadh Tuaithe Phort Umna.

Teagmháil: Paula nó Gerry ar 09097 41377

### Comhar

10:00am - 12:00in  
Cumann Mheabhairshláinte Thuaim, An Seanionad Pobail, Sráid an Easpaig, Tuaim

Ceiliúradh ar cheol agus amhráin na hÉireann.

Teagmháil: Lorraine Newell Kim 093 24371

### Maidin Caife agus Lá Oscailte an GCDC

10:30am - 12:30in  
Cuideachta Forbartha Pobail Ghleann na Madadh, Baile Leathaird, Gleann na Madadh

Gabh i leith isteach le haghaidh dreas cainte agus braonaín tae go bhfeicfidh tú na seirbhísí agus na himeachtaí atá ag tarlú san áit.

Teagmháil: Helen Dunne 094 965 9570

### 'Ceardlann Ealaíne Idirghlúine' Naomh Bréanainn

11:00am - 12:30in  
Ionad Lae Seven Springs, Baile Locha Riach

Ceardlann Ealaíne Fómhair le lucht Úsáidte Sheirbhís Altrachta Pobail Naomh Bréanainn agus daltaí Scoile áitiúla, arna réachtáil ag an Ealaíontóir Gníomhaíochta Lidia De Lange.

Teagmháil: Callum McGougan 091 871268

### Ceardlann: Seirbhísí Phobal ar Aire ghrúpa Gníomhach ag dul in Aois Mhuine Mheá

11:00am - 1:00in  
Ionad Pobail an Athar Sammon, Muine Mheá  
Teagmháil: Gerard Costello 087 2857741

### Imeacht Chomórath 10 mBliana Líonraí LGBT Ionad Acmhainní Teaghlaigh Réigiún an Iarthair

11:00am - 3:00in | Harbour Hotel, Bóthar Nua na nDuganna, Gaillimh

Tá 10 bliana á gceiliúradh ag Líonra LGBT FRC Réigiún an Iarthair. Is é is aidhm leis an gcomhdháil ná aird a dhíriú ar an obair atá déanta againn agus samplaí den dea-chleachtas go dtí seo a roinnt leis an bpobal, agus páinéil saeolaithe a bheith againn chun ceisteanna a fhreagairt.

Cláraigh ag <https://www.eventbrite.ie/e/frc-western-region-lgbt-networks-10th-anniversary-national-event-tickets-25835864767>

**Dé hAoine**  
an 21ú Deireadh Fómhair

### Maidin Caife gan Chaint

11:00am - 12:30in  
Caife Oops a Daisy, Béal Átha na Sluaighe  
Is chun aird a dhíriú ar dheacrachtaí cumarsáide agus bealaí timpeall orthu atá an ócáid seo ann.

Teagmháil: Deborah ar 09096 43405

### Belonging 16 - Cóisir Phobail & The Snappers

11:30am - 1:30in  
Foirgneamh ILAS, Seomra G006, OÉG, Bóthar an Chaisleán Nua  
Pléifear rannpháirtíocht shóisialta daoine aosta ag an imeacht agus cén chaoi le buanna ar leithligh agus éagsúlacht daoine a chur chun cinn. Is iad na páirtnéirí atá i gceist ná Clár Comórtha Chomhairle Chontae na Gaillimhe, OÉ Gaillimh, Clár Aoisbhách na Gaillimhe, agus Fondúireacht Pobail na hÉireann.

Teagmháil: Áine Gallagher 085 1248053

### Cupán Tae le Gaelescoil Riabhach

11:30am - 12:30in  
Gaelescoil Riabhach, Baile Locha Riach  
Foghlaim dúpla focal agus ól braonaín tae.

Teagmháil: Deirdre Nic Gabhann [office@gaelescoilriabhach.ie](mailto:office@gaelescoilriabhach.ie)

### Cupán Tae sa Tráthnóna

1:00in | The Gallery Cafe, An Gort  
Braonaín tae am lóin dóibh siúd a bhaineann leas as seirbhísí Bhráithre na Carthanachta le buíochas a ghabháil leo as a gcuid cabhrach ar fad le linn an tsamhraidh.

Teagmháil: Laura Coppinger 087 9309125

### Ceol, Craic agus Cáca Milis!

1:30in | Scoil Náisiúnta Inis Bó Fine, Inis Bó Fine  
Seisiún úcailéile, idir óg agus aosta, i Scoil Náisiúnta Inis Bó Fine.

Teagmháil: Cathy O Halloran 095 45880

### Oíche Fáilte Bhaile Locha Riach do Mhuintir na nOileán Filipíneach

7:00in  
Mainistir na gCairmeileach, Baile Locha Riach  
Oíche cheoil, amhrán agus damhsa chun fáilte a chur roimh mhuintir na nOileán Filipíneach chuig Baile Locha Riach.

Teagmháil: Michael Fahy 086 8038042

### Oíche Cheoil Gaelaigh

8:00in - 10:00in | Ionad Pobail Chloch an Uabhair, Áth Cinn  
Oíche cheoil, amhrán agus damhsa.

Teagmháil: Mattie Scales 087 6371941

### Tráthnóna Oscailte an Ghrúpa Foróige, Leacach

8:15in - 9:45in | Ionad Paróiste Leacaigh  
Plé ar thábhacht an ról atá ag baill an ghrúpa Foróige sa phobal.

Teagmháil: Odhran O'Mahony 086 8103923

**Dé hAoine**  
an 21ú Deireadh Fómhair

### Oíche Cheoil, Amhrán, Scéalaíochta agus Filíochta

9:00in | The Thatch, Áth Cinn  
Teagmháil: Mike Connell, Men's Shed Áth Cinn 087 9624842

**Dé Sathairn**  
an 22 Deireadh Fómhair

### Siúlóid Theoraithe Oidhreachta do Theaghlaigh

11:00am | An Fuarán, Maigh Cuilinn  
Siúlóid theoraithe ar Chonairí nua Oidhreachta Mhaigh Cuilinn.  
Teagmháil: Walter McDonagh 087 2573329

### Lá Oscailte Friends Ireland

12:00in - 4:00in  
Friends Ireland, An tSráid Ard, Tuaim  
Lá don phobal ar fad agus deis ag daoine bualadh le daoine eile. Is féidir leo a n-ainm a chur le ranganna saor in aisce/saor agus bualadh le daoine eile sa cheantar.  
Teagmháil: Norah Ginty 085 7553377 | 085 7043144

**Dé Domhnaigh**  
an 23 Deireadh Fómhair

### Maidin Caife an Fhómhair

11:00am | Ionad Lae na Fairche  
Teacht le chéile sa pharóiste. Fáilte roimh an uile dhuine.  
Teagmháil: Teresa Lynch [teresalynchclonbur@gmail.com](mailto:teresalynchclonbur@gmail.com)

### Solidarity Beyond Borders

11:00am - 1:00in  
Ionad Pobail Chinn Mhara  
Tráthnóna de chur i láthair le daoine sa phobal a bhíonn ag plé le teifigh sa Liobáin, sa Ghréig, sa Fhrainc agus anseo i gContae na Gaillimhe.  
Teagmháil: Vicky Donnelly 087 2645344

### Maidin Caife Caidreamh Poiblí

12:00in (tar éis Aifreann an 11)  
Ionad Tréadach Bhaile Átha an Rí  
Cur chun cinn spriocanna "Soilse" agus earcú ball.  
Teagmháil: Mary Quinn 087 2496449

### Imeachtaí Eile

#### Host of Golden Daffodils

17 - 23 Deireadh Fómhair 2016  
Cill Bheaganta

Cuirfidh Cumann Forbartha Pobail Chill Bheaganta, mar aon leis an gClub Óige agus daltaí Scoil Náisiúnta Naomh Columba agus Scoil Náisiúnta Bhéal Átha Toirinn, lusanna cromchinn timpeall na háite i gcumhine orthu siúd a chuaigh ar imírce ó Chill Bheaganta.

Fáilte roimh chách!

Teagmháil: Anne McCarthy Murphy 087 2601046



Comhairle Chontae na Gaillimhe a eagraíonn an tSeachtain um Chuimsiú Sóisialta thar ceann Chontae na Gaillimhe. Le haghaidh tuilleadh eolais, téigh chuig [www.galway.ie/inclusion](http://www.galway.ie/inclusion) nó seol ríomh-

phost chuig [inclusion@galwaycoco.ie](mailto:inclusion@galwaycoco.ie)

Seiceáil amanna agus sonraí na n-imeachtaí ar fad leis an teagmháil atá ann sula bhfreastalóidh tú orthu.

**Be Safe, Be Seen**

Tá seans 13 oiread níos mó ann go marófar daoine a shiúlann bóithre tuaithe sa dorchadas ná iad siúd a shiúlann iad i rith an lae. Tá Veisteanna Sofheicthe (idir chinn bheaga, chinn mheánmhéide, chinn mhóra agus chinn an-mhór) agus Bandaí Frithchaiteacha ar fáil, saor

in aisce, ón Rannóg Bóithre agus Iompair i gComhairle Chontae na Gaillimhe. Glaigh ar 091 509309 nó seol ríomhphost chuig [dcaulfld@galwaycoco.ie](mailto:dcaulfld@galwaycoco.ie) chun veist a fháil.